

Zachary Cody Wilde

The University of Southern Mississippi, Department of Psychology
zachary.wilde@usm.edu | 118 College Dr. Hattiesburg, MS 39406

EDUCATION

Doctorate in Clinical Psychology | University of Southern Mississippi (USM) **In Progress**

Master of Arts in Psychology | USM **May 2023**

Bachelor of Science in Psychology | Washington State University (WSU) **May 2020**
Summa Cum Laude
President's Honor Roll: Fall 2018-Spring 2020

PUBLICATIONS

Wilde, Z. C., Underwood, J. J., Barry, C. T., Murphy, M. B., Gray, T. A., & Briggs, J. M. (2022). Correlates of adolescent- and parent-reported grit in a sample of at-risk youth. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03422-2>

PAPERS & POSTERS

Harris, T.G., Walbridge, F., **Wilde, Z. C.**, Cotter, M., Pastrana-Rivera, F., Defouw, E., Smith, S.D. *Systematic Review of the Long-Term Effects of the Good Behavior Game (GBG)* (November 2023). Poster accepted at the Association of Cognitive and Behavioral Therapies Annual Convention. Seattle, WA.

Walbridge, F.C, Harris, T. G., Rother, Y., Bradley, J., Cotter, M., Kaplan, R., **Wilde, Z.**, Lefler, E., Flory, K., & Smith, S.D. (2023, November). *Examining Executive Function and Cognitive Emotion Regulation as Mediators in the Relation between Adverse Childhood Experiences and Learning Effectiveness in College Students*. Poster accepted at the Association of Cognitive and Behavioral Therapies Annual Convention. Seattle, WA.

Wilde, Z. C., Kaplan, R., Abu-Ramadan, T., Tufty, L., Cazenavette, T., Meinzer, M., & Smith, S. D. (November 2023) *The Protective Role of Grit in the Relationship between ADHD Symptoms and Academic Functional Impairment*. Poster accepted at the Association for Behavioral and Cognitive Therapies Annual Convention. Seattle, WA.

Cotter, M., Loposser, K., **Wilde, Z.**, Walbridge, F., Harris, T., Kaplan, R., Smith, S. (September 2023). *Neural Oscillatory Activity During Anger Rumination Is Predictive of Retaliatory Aggression in A Sample of Undergraduate Students*. Poster presentation accepted at the Society for Psychophysiological Research Annual Research. New Orleans, LA.

Dufrene, B., Smith, S.D., Walbridge, F., & **Wilde, Z. C.** (April 2023) *Leveraging Technology to Increase Fidelity for the Good Behavior Game*. Paper presented at Southeastern Psychological Association. New Orleans, LA.

Cotter, M., **Wilde, Z. C.**, Harris, T.G., Walbridge, F., & Smith, S.D. (November 2022). *Examining the Relations Between a Broad Range of Executive Functions and Problematic Online Gaming Behaviors in a Sample of Undergraduate Students*. Poster presented at the Association of Cognitive and Behavioral Therapies Convention. New York, NY.

- Walbridge, F., Harris, T. G., Cotter, M., **Wilde, Z. C.**, & Smith, S.D. (November 2022) *Emotional Lability and its Relation with Self-Reported Learning and Study Skills in College Students with Underdeveloped Executive Functions*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention. New York, NY.
- Cotter, M., **Wilde, Z. C.**, Harris, T. G., Walbridge, F., & Smith, S.D. (May 2022). *Depression, Anxiety, and Stress Symptomatology as Predictors of Specific Outcomes of Problematic Online Gaming Behaviors*. Poster presented at the Association for Psychological Science Convention. Chicago, IL.
- Harris, T. G., Walbridge, F., **Wilde, Z. C.**, Cotter, M., & Smith, S.D. (May 2022). *Self-Reported Executive Functioning Moderates the Relationship between Stress and Anxiety in College Students*. Poster presented at the Association for Psychological Science Convention. Chicago, IL.
- Wilde, Z. C.**, Barry, C. T., Smith, S.D., & Underwood, J. J. (November 2021). *Social Support as a Protective Factor for Adversity and Psychosocial Adjustment in At-Risk Youth*. Poster presented at the annual Association for Behavioral and Cognitive Therapies Convention. New Orleans, LA.
- Wilde, Z. C.**, Barry, C. T., Underwood, J. J., & Briggs, J. M. (March 2020). *Exploring the Psychosocial Development Factors related to Grit in at-risk Adolescents*. Poster accepted by the Society for Research on Adolescence for the biennial meeting. San Diego, CA (conference cancelled).
- Campagna, A. X., Warwick, H., Campbell, K. R., Underwood, J. J., **Wilde, Z. C.**, & Gartstein, M. A. (November 2020). *Infant, Toddler, and Parent Temperament as Predictors of Callous and Unemotional Traits*. Poster presented at the Occasional Temperament Conference. Virtual conference.
- Campagna, A. X., Mattera, J., Campbell, K. R., Davison, L., Galloway, C., **Wilde, Z. C.**, & Gartstein, M. A. (September 2019). *Effects of EEG Asymmetry and Positive Affect on Parent-Child Interactions*. Poster presented at the annual retreat for the Center for Reproductive Biology. Leavenworth, WA.
- Underwood, J. J., **Wilde, Z. C.**, Reiter, S., & Barry, C.T. (April 2019). *Examining the relations between Self-Reported Delinquency, Deviant Peer Affiliations, and Callous-Unemotional Traits among at-risk Adolescents*. Poster presented at Washington State University Undergraduate Research Symposium. Pullman, WA.

MANUSCRIPTS IN PROGRESS

- Wilde, Z.C.**, Smith, S.D., Underwood, J. J., Murphy, M.B., Cotter, M., Walbridge, F., Harris, T., Barry, C. T. (2023) *Examining the Moderating Effects of Adult Social Support on the Relation between Adverse Experiences and Psychosocial Adjustment*. **Manuscript Submitted.**
- Smith, S.D., Walbridge, F., Harris, T., Cotter, M., Kaplan, R., Garza, B., **Wilde, Z.C.**, Delgadillo, A., Mohn, R., Dufrene, B. (2023). *Leveraging Technology to Support Teachers' Fidelity of Universal Classroom Management Interventions: Lessons Learned and Future Applications*. **Manuscript Submitted.**

Orantes, D., **Wilde, Z. C.**, Hartung, C., Antshel, K. *Testing the biosocial developmental model of borderline personality in emerging adults with elevated adhd and borderline personality disorder symptoms.*
Manuscript in progress.

RESEARCH EXPERIENCE

Graduate Researcher | Childhood Neurodevelopmental Disorders Lab, USM **Jan 2022-Present**

Project: The University – Learning, Emotion, and Attention Research Network (U-LEARN) was established to investigate factors related to attention, academics, behavior, and emotion in undergraduate students across 8 universities across the United States.

Principal Investigators: Alison Looby Ph.D.; Anne Stevens Ph.D.; Cynthia Hartung Ph.D.; Elizabeth Lefler Ph.D.; Erik Wilcutt Ph.D.; Kate Flory Ph.D.; Kevin Antshel Ph.D.; Meeta Banerjee Ph.D.; Michael Meinzer Ph.D.; **Stephanie Smith Ph.D.**; and Will Canu Ph.D.

- Attend monthly U-LEARN meetings to discuss data collection progress, study needs, manuscript and poster ideas/progress, and future study plans.
- Program and manage the U-LEARN survey for each site through Qualtrics.
- Manage student research participation (SONA) for USM U-LEARN site.
- Aid in U-LEARN recruitment efforts.

Graduate Researcher | Childhood Neurodevelopmental Disorders Lab, USM **July 2021-July 2022**

Project: The primary purpose of this project is to refine and test the feasibility of technology to support teacher implementation of the Good Behavior Game (GBG) in classroom settings.

Principal Investigator: Stephanie Smith, Ph.D.

- Create electronic survey materials and consent forms through the REDCap web application.
- Conduct and mediate focus groups that aided in the improvement of the GBG Technology (GBG Tech).
- Conduct Teacher trainings on how to implement the GBG Tech with fidelity.
- Conduct classroom observations of Teacher implementation of the GBG Tech.

Graduate Researcher | Childhood Neurodevelopmental Disorders Lab, USM **Jan 2021-July 2022**

Project: The neural correlates of rumination and their prediction of subsequent behavior study was created to investigate the neural relations of rumination by examining event-related potentials in response to an anger inducing paradigm (Cyberball Game).

Principal Investigator: Stephanie Smith, Ph.D.

- Administer and score the Weschler Abbreviated Scale Intelligence (WASI) test, the State-Trait Anger Expression Inventory (STAXI), and the Behavioral Rating Inventory of Executive Functioning (BRIEF) to participants.
- Collect electroencephalography (EEG) data from participants within the context of the Cyberball paradigm.

Research Assistant | Stress and Coping Lab, University of Idaho

Sept 2019-May 2020

Project: The Potlatch Community Mental Health Project was created to assess rural mental health disparities and to partner with community members to implement mental health resources (e.g., suicide prevention programs and mental health first aid).

Principal Investigator: Clarissa Richardson, Ph.D.

- Collect data from community members utilizing door-to-door survey methods.
- Facilitate monthly meetings with the Potlatch community in order to identify areas of mental health needs, as well as foster a community-based research relationship.

Research Assistant | Stress and Coping Lab, University of Idaho

Jun 2019-May 2020

Project: The effects of interpersonal relationships on coping with stress. This study was designed to investigate the link between relationships and physiological stress responses. Specifically, investigating whether having a supportive companion during a stressful laboratory task will affect an individual's cortisol levels.

Principal Investigator: Clarissa Richardson, Ph.D.

- Collect saliva samples utilizing salivettes to later analyze for cortisol levels.
- Monitor and direct the participant through the various phases of the study.
- Conduct and monitor the administration of the stressful laboratory tasks as outlined by the studies procedures.

Undergraduate Researcher | Youth Personality & Behavior Lab, WSU

May 2019-Aug 2020

Independent project: Assessment of behavioral traits that contribute to grit for adolescents in a residential intervention program at Idaho Youth Challenge Academy (IDYCA). IDYCA is a military-style residential program for adolescents at risk of or who have dropped out of school. The purpose of the study is to better understand the psychosocial and behavioral traits that relate to the construct of grit.

Supervisor: Christopher Barry, Ph.D.

- Designed the study and procedures in accordance with researched theories and IRB regulations.
- Led the research team in collecting, analyzing, and transcribing parent and self-report data, specifically, data collection, data entry, and statistical analyses using SPSS.

Research Assistant | Infant Temperament Lab, WSU

May 2019-2020

Project: Longitudinal study of early childhood temperament development, that seeks to identify potential risks and protective factors relevant to the development of psychopathology.

Principal Investigator: Maria Gartstein, Ph.D.

- Collect EEG data from infants in the context of a laboratory temperament assessment battery (Lab-TAB).
- Monitor laboratory assessment of temperament (Lab-TAB) and acquisition of EEG data collected from infants (6 – 12 months of age).
- Perform structured laboratory assessment of infant temperament (Lab-TAB).
- Convert, identify, clean and correct artifact data using MatLab/EEGLab.
- Supervise data collection and administration of Lab-TAB during EEG lab visits.

Research Assistant | Youth Personality & Behavior Lab, WSU

Jan 2019-May 2020

Project: Multi-stage, multi-informant program evaluation project at Idaho Youth Challenge Academy (IDYCA). IDYCA is a quasi-military style residential program for adolescents at risk of or who have dropped out of school. This project was developed to identify the factors that result in the participants success in the program and integration back into society.

Principal Investigator: Christopher Barry, Ph.D.

- Collaborate with a research team to collect, analyze, and transcribe parent and self-report data at a residential program for at-risk adolescents. Specifically, data collection, data entry, and statistical analysis for a multi-stage, multi-informant program evaluation project at Idaho Youth Challenge Academy.
- Present data that examined the relations between self-reported delinquency, deviant peer affiliations, and callous-unemotional traits among at-risk adolescents.

CLINICAL EXPERIENCE

Magnolia Scholar | University of Mississippi Medical Center, Jackson, MS **Aug 2023-Present**
Supervisors: Courtney Walker Ph.D.; Cynthia Karlson Ph.D.; & Dustin Sarver Ph.D.

- Conduct comprehensive neuropsychological, learning, and psychosocial evaluations with infants, children, and adolescents diagnosed with cancer and blood-related disorders.
- Provide hospital-based consultation-liaison in addition to treatment of behavioral-emotional problems with medically complex youth.
- Conduct screenings, consultations, and brief interventions for parents and guardians of newborns in the University of Mississippi Medical Center Neonatal Intensive Care Unit who are experiencing stress, grief, anxiety, depression, and home transition related to their newborn.

DBT Group | USM Center for Behavioral Health (CBH) **Jan 2022-Present**
Supervisors: Dan Capron Ph.D.; Megan Renna Ph.D.; & Whitney Cowell Ph.D.

- Serve as a DBT group co-leader for adults located in Mississippi.
- Conduct prescreens and intake interviews (i.e., unstructured interview, risk assessments) with potential group members to determine their eligibility for group.
- Present materials covering mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness from the DBT manual in addition to, facilitating group conversations and leading group activities.

Graduate Student Clinician | USM CBH **Aug 2021-Present**
Supervisors: Freddie Pastrana-Rivera Ph.D.; Kristy McRaney, Ph.D.; Mallory Malkin, Ph.D.; Megan Renna Ph.D.; Nora Charles Ph.D., & Stephanie Smith, Ph.D.

- Conduct neuropsychological and psychodiagnostic assessments for children, adolescents, and adults via in-person and telehealth services.
- Conduct evaluations of Police Officer Candidates through history taking and psychodiagnostic assessment.
- Provide psychotherapeutic services to children, adolescents, and adults via in-person and telehealth services.
- Draft and deliver integrated psychological reports in addition to, writing progress notes, and treatment plans.
- Conduct crisis intervention and suicide risk assessments for both individuals seeking services and assigned clients.

Psychology Extern | Gulf Coast Veterans Health Care System, Biloxi, MS **Aug 2022-Jul 2023**
Supervisors: Jeffrey Lawley Ph.D.

- Facilitate milieu therapy sessions with content derived from Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), and Interpersonal Psychotherapy (IPT).
- Attend interdisciplinary team meetings and individual patient staffing's to discuss and evaluate patient care.
- Conduct intake interviews with patients to gather background information, obtain goals for their treatment, and assess what psychological difficulties they may be presenting with.

- Conduct individual therapy session with patients where they are taught emotion regulation and distress tolerance skills to aid them in meeting their treatment goals.
- Conduct psychodiagnostic and neuropsychological assessments which includes tasks such as assessment administration, assessment scoring, assessment interpretation, and report writing for Veterans residing on the inpatient psychiatric unit.

Psychology Extern | Pine Grove Adolescent Unit, Forrest General Hospital **July 2022-May 2023**

Supervisors: Christina Williams Ph.D. & Anthony Calabrese Ph.D.

- Attend staff meetings to discuss and evaluate patient care.
- Conduct psychodiagnostic and neuropsychological assessments which includes tasks such as assessment administration, assessment scoring, assessment interpretation, and report writing for children and adolescents residing on the inpatient psychiatric unit.

Group for Organization, Attention, and Learning Skills | USM CBH **Aug 2021-Dec 2022**

Supervisor: Stephanie Smith, Ph.D.

- Serve as an organizational skills training group co-leader for college students.
- Conduct pre-and post-intervention assessments of group members' by administering the Structured Clinical interview for the DSM-5; the Behavior Rating Inventory of Executive Function for Adults; the Conner's Adult ADHD Rating Scales; and the Learning and Study Strategies Inventory.
- Present materials and lead activities (i.e., role-playing, active practice) covering organizational skills for college students.

Clinic Coordinator | USM CBH

Jun 2021-July 2021

Supervisor: Kristy McRaney Ph.D.

- Created a comprehensive coding system for client data to aid in the centers data management.
- Fielded phone calls from clients, professionals, and the public regarding clinic services.

Patient Support & Information Desk | Pullman Regional Hospital

Jun 2019-May 2020

- Completed an intensive training program on emotionally supporting and comforting patients.
- Provide emotional support for patients awaiting surgery, experiencing illness, disease, end of life, and emotional distress in the emergency department and elsewhere as needed.

Crisis Counselor | Crisis Text Line

Apr 2019-May 2020

- Completed 30 hours of training on risk assessment, safety planning, collaborative-problem solving, and good contact techniques (e.g., empathetic responses, validation, reflection and paraphrasing).
- Provide crisis intervention services to individuals experiencing extreme distress, assisting them in regulation and problem-solving.

SPECIALIZED TRAININGS AND WORKSHOPS

Autism Diagnostic Observation Schedule-Second Edition (ADOS-2)

Jan 2023

Rachel Hundley, Ph.D.

- Completed 16 hours of training on the implementation of the ADOS-2 for children and adults.

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Sept 2022

Daniel Smith, Ph.D., Course Director, TF-CBTWeb2.0

- Completed an 11-hour training on the implementation of TF-CBT for youths.

Suicide Risk Assessment Training Mar 2022

Michael Nadorff, Ph.D. & Rachel-Clair Franklin LPC-S, BC-TMH, CHES

- Completed a seven-hour training on suicide prevention, assessment, and intervention.

APA Telepsychology Best Practices 101 Series Jun 2020

Marlene Maheu, Ph.D.

- Completed an eight-hour introductory overview and orientation to Telehealth services.

Uniformed Victims Advocate Jun 2013-May 2017

- Completed four hours of training once a month for four years totaling over 200 hours of training on preventative measures, resources, and communication skills to become a resource to victims of assault.
- Respond to and provide support to individuals who have experienced recent and/or historical instances of domestic violence, sexual assault, and other violent crimes.

INSTRUCTIONAL EXPERIENCE

Instructor of Record | School of Psychology, USM

June 2023 - July 2023

Course: Child Psychology 270 (Online Asynchronous)

Supervisor: Stephanie Smith Ph.D.

- Created and delivered lectures covering the study of childhood and adolescence emphasizing principles and problems of development.
- Prepared and structured course materials for the course on CANVAS
- Created and administered weekly quizzes and discussion posts to aid students in retention of the course content.
- Created and administered exams to students to assess whether they are able to meet the course/section learning objectives.
- Graded students' exams, and their weekly quizzes and discussion posts.

Guest Lecturer | School of Psychology, USM

Sept 2022

Course: Adolescent Psychology 372

Supervisor: Nora Charles Ph.D.

- Presented on the psychosocial influences which impact child and adolescent development.

Graduate Teaching Assistant | Psychology Department, USM

Jan 2021-Apr 2021

Course: Careers in Psychology 251, Developmental Psychology 275, and Research Methods 361

Supervisor: Michael Brubacher Ph.D.

- Provided feedback to students regarding mistakes made on assignments and quizzes.
- Graded student writing assignments and quizzes in alignment with each course's concepts and guidelines.

Graduate Teaching Assistant | Psychology Department, USM

Aug 2020-Dec 2020

Course: Abnormal Psychology 436

Supervisor: Kelsey Bonfils Ph.D.

- Facilitation of office hours.

- Graded bi-weekly student writing assignments and subsequently provided feedback to students regarding mistakes.

Teaching Assistant | Psychology Department, WSU

Aug 2019-Dec 2019

Course: Psychology of Gender 324

Supervisor: Blythe Duell, Ph.D.

- Assisted with proctoring exams, grading writing assignments, and facilitating office hours.

Guest Lecturer | Psychology Department, WSU

Oct 2019

Course: Clinical & Community Psychology 440

Supervisor: Alyssa Neumann M.S. & Shari Reiter M.S., M.Sc.

- Presented on community based participatory research.

Teaching Assistant | Psychology Department, WSU

Aug 2019-Dec 2019

Course: Clinical & Community Psychology 440

Supervisor: Alyssa Neumann M.S. & Shari Reiter M.S., M.Sc.

- Facilitation of classes and office hours.
- Created exams and lectures in alignment with course concepts and department guidelines.

Instructor | United States Marine Corps, Jacksonville NC

Mar 2016-Jun 2017

Course: Exercise and Nutrition

- Taught Marines about the importance of proper exercise and nutrition.
- Led physical exercise training session.
- Graded and proctored exams and assignments.

Instructor | United States Marine Corps, Jacksonville NC

May 2015-Jun 2017

Course: Ammunitions Handlers Certification

- Taught classes on properly identifying and handling explosives and ammunition.
- Reviewed and certified motor vehicle drivers as ammunition handlers.

Instructor | United States Marine Corps, Jacksonville NC

May 2015-Jun 2017

Course: Financial Planning

- Taught course work on proper finance management, debt, savings and investments.
- Created lectures and led guided discussion on finance management.

Instructor | United States Marine Corps, Jacksonville NC

Apr 2017-May 2017

Course: Lance Corporals Leadership Course

- Taught junior Marines content on leadership, combat tactics, mentoring, counseling and proper nutrition and exercise.
- Proctored exams, graded assignments, and facilitated office hours.

LEADERSHIP EXPERIENCE

Founder and Co-President | Graduate Student of Color Alliance at USM **Feb 2022-Present**

- Created the organizations constitution and mission statement in addition to completing the application for chartering new organizations on the USM campus.
- Scheduled and engaged in meetings with key administrators' (e.g., Dean of the Graduate School) and various on campus program directors (e.g., Office of Inclusion and Multicultural Engagement) to gain support in establishing the organization.

- Organize meetings to begin building the foundation of the organization particularly, regarding standard operating procedures, creating accounts (e.g., email, bank), and recruitment efforts.
- Moderate general meeting for the Graduate Student of Color Alliance members.

Force Protection Officer

Aug 2017-Mar 2018

- Completed 240 hours of training in methods for testing and teaching each Officer candidates to perform their duties cooperatively and independently.
- Stand in as a nightshift leader on the most secure compound, providing protection and security for personnel and equipment.

United States Marine

Jun 2013-Jun 2017

- Led, mentored, counseled, and trained over 350 Marines.
- Completed a month long, 240-hour advanced leadership course centered solely on developing leadership skills that all Marine Sergeants are required to possess. The course includes, Garrison leadership, Combat leadership, and the mentoring and counseling of Marines.
- Completed a month long, 260-hour course centered solely on instilling leadership skills that all Marine Corporals must possess. The course is used as an introduction on how to lead Marines, it includes; Combat leadership, and the mentoring and counseling of Marines.
- Completed 720 hours of training designed to facilitate the development of subject matter experts in the field of ammunitions and explosives, advising military leadership and their units in operations of these materials.

WORK EXPERIENCE

Security Team Member for Staff Pro | Pullman, WA

Oct 2018-Nov 2019

- Ensured the safety and security of participants of large and small-scale events.
- Prevented loss of life, theft of possessions and damage by reporting irregularities, along with upholding company and client policies and procedures.

Force Security Officer for Triple Canopy | Middle East

Aug 2017-Mar 2018

- Protected and defended assigned compounds and personnel in austere environments.
- Responded to emergencies according to company policy and provide assistance to all personnel involved in the incident.

Sergeant in the United States Marine Corps | Camp Lejeune, NC

Jun 2013-Jun 2017

Ammunition Management Chief

- Maintained records of ordered, issued, received, returned and expended ammunition and explosives valued at more than \$15 million resulting in the overall success of the unit.
- Conducted monthly audits and inspections concerning ammunitions and explosives to ensure proper working conditions and safety.
- Prepared and delivered weekly presentations to higher ranking officials on ammunition and explosive operations within the unit.
- Provided notices to higher headquarters on malfunctioning ammunition and explosives.
- Established and managed security operations in accordance with the standard procedures.

Platoon Sergeant

- Managed appointments and training as well as counseling and mentoring of over 120 Marines.

- Instructed Professional Military Education (PME) classes, created rosters, and spreadsheets to aid in the unit's mission accomplishment.

Collateral Programs Officer

- Coordinated, planned, and supervised excursions and events as well as giving weekly presentations to establish relationships and awareness for the programs.

Reception at the Jewish Community Center | Leawood, KS **Oct 2012-May 2013**

- Assisted with gym membership and ensuring that the member's needs, and concerns were addressed.
- Promoted new classes, supplements and additional services offered by the community center to members.

Line & Pastry Cook at Renee Kelly's Harvest | Shawnee, KS **Dec 2011-May 2013**

- Assisted with kitchen preparations, cooking, and fulfilling orders.
- Designed and created confectionary goods which included sugar work, baking and sculpting.

SERVICE

Psychin' Out Mentorship | Mentor **July 2023 - Present**

- Mentor undergraduate and post-baccalaureate students as they navigate careers in psychology and the application process for graduate school in psychology.
- Conduct weekly meetings with assigned mentees to ensure they are making progress toward their goals.
- Review and provide mentees feedback on their professional documents such as their CVs, resumés, and statements of purpose.

USM Undergraduate Research Symposium | Panel Moderator **April 2022**

- Moderate oral research presentations by introducing the presenters, keeping time, and initiating question and answer sessions.

Parkway Heights Methodist Church **May 2020-July 2021**

- Provide weekly mentorship and tutoring to youth as it relates to everyday life, academics, and spirituality.

The Salvation Army **Apr 2017-Dec 2019**

- Provided 40 hours of assistance with the Salvation Army consisting of serving marginalized individuals, fundraising, and food pantry work.

Honor Our Marines Incorporated **Apr 2014-May 2017**

- Dedicated approximately 170 hours to fundraising for Veterans and their families impacted by hardships.

Eugene Ashley High School **Mar 2016**

- Mentored and judge a Junior Reserve Officer's Training Corps (JROTC) competition.

AWARDS

Graduate Competitive Travel Award **Aug 2023**

- Funded \$500 to assist with travel expenses to present research at a national conference.

USM Clinical Psychology Service Award **Nov 2022**

- Received in recognition of service to the USM community by creating an organization that aims to support graduate students of color through their academic careers.

Graduate Competitive Travel Award **Sep 2021**

- Funded \$500 to assist with travel expenses to present research at a national conference.

Letters of Appreciation **Apr 2014-May 2017**

- Received 10 letters in recognition of 170 hours of volunteer work with Honor Our Marines Inc.

Certificate of Accommodation **Mar 2017**

- Received in recognition of 12 hours of volunteer work mentoring and judging JROTC Cadets during a competition.

Letter of Appreciation **Aug 2016**

- Received for aiding and supporting Marines along with ensuring their well-being in both times of crisis and peace.

Good Conduct Medal **Jun 2016**

- Received in recognition of exemplary personal and professional conduct.

Meritorious Mast **Mar 2016**

- Received in recognition of being the Non-Commissioned Officer of the Quarter. Awarded because of the proficiency, conduct and professionalism exhibited.

Navy and Marine Corps Achievement Medal **Oct 2015**

- Received in recognition of successfully holding various positions outside of career field.

Navy and Marine Corps Achievement Medal **May 2015**

- Received in recognition of managing over \$15 million of ammunition and explosives, and the creation of reports for ammunition and explosives expended, returned, deemed safe, and unsafe for over 600 personnel.

PROFESSIONAL ORGANIZATIONS

National Register of Health Service Psychologists (Associate Program) **Aug 2023**

Southeastern Psychological Association **Feb 2023**

American Psychiatric Association **Feb 2022**

Psi Chi International Honor Society in Psychology | USM **Apr 2021**

Association for Behavioral and Cognitive Therapies **March 2020**

PROFESSIONAL REFERENCES

Stephanie Smith, Ph.D. | University of Southern Mississippi

- Associate Professor, School of Psychology
sd.smith@usm.edu, (601) 266-6256

Christopher Barry, Ph.D. | Washington State University

- Professor, Department of Psychology
chris.barry@wsu.edu, (509) 335-4906

Maria Gartstein, Ph.D. | Washington State University

- Professor, Department of Psychology
gartstma@wsu.edu, (509) 335-4651